



2017 Schedule and Curriculum

All sessions will be held at Mt Zion Christian Church -923 Graymont Avenue W. Birmingham, Alabama 35204. Saturday sessions will begin at 10 a.m. and conclude at 3 p.m. Lunch and snacks will be served at each Saturday session.

Week 1: Orientation and Career Development Emphasis

Friday, February 3, 2017 – Orientation Night – 7 p.m. Mt. Zion Sanctuary.

Saturday, February 4, 2017- Career Development Emphasis:

- Introduction to S.T.E.M. (Science, Technology, Engineering, Math) Careers
- S.T.E.M. Project
- S.T.E.M. Professional Panel
- Entrepreneurial Panel

Week 2: Personal Development Emphasis

Saturday, February 18, 2017

- Goal Setting and Time Management
- Dress for Success
- Professional Etiquette and Leadership
- Personal Finance
- Code Switching/ Extemporaneous Speaking

Week 3: Community Development Emphasis

Saturday, March 4, 2017

- Intro to Service Learning/ Community Involvement
- Social Media Etiquette
- Community Service Project

Week 4: Whirlwind College Tour

- Visit 7 college/university campuses within one day. Breakfast and Lunch will be served.

Saturday, March 18, 2017

Week 5: Human Rights and Social Justice Emphasis

- Legal Rights /Justice System Professional Panel
- Combating Institutional Racism
- Civil Rights Institute Visit

Week 6: Health and Fitness Emphasis

Saturday, April 15, 2017

- Project Alpha- Sex Education and Disease Prevention
- Exploring Health Disparities and Food Deserts
- Exploring Mental Health
- Physical Fitness

Week 7: Graduation Week

Thursday, April 27th – Sunday, April 30, 2017